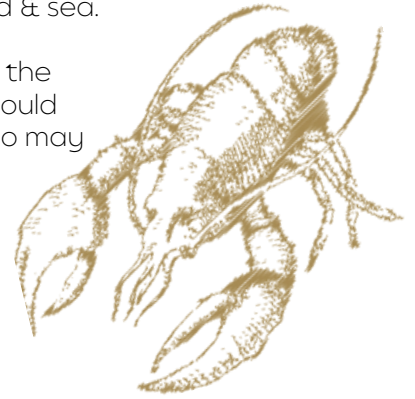




Our Salt Shack is here to scorch, sear and steam the best (sustainably sourced) food from Britain's land & sea.

Chef is cooking like a busy octopus - arms all over the place. Good things come to those who wait (or should that be bait?) Your food is cooked to order, and so may be brought to you (pun intended) in waves - not altogether. Please head to our outside bar or to our app to order



SMALL PLATES

Pickled Herring 'Roll Mops' £4.00 | 247kcal (gf)

Marinated olives £4.00 | 131kcal (gf) (vg)

Burrata Salad, Isle of Wight tomatoes
£12.00 | 477kcal (gf) (v)

Fritto misto with 'zesty' lemon mayonnaise
S - £14.00 | 582kcal L - £26.00 | 689kcal (gf)

Courgette & Kohlrabi Bhaji
S - £8.00 L - £17.00 | 415kcal 495kcal (v) (gf)

SHELLFISH

PLEASE NOTE THIS MAY BE SERVED SEPARATELY FROM EVERYTHING ELSE

Maldon oysters £4.00 each
82kcal - Champagne and shallot mignonette (gf)

Devon dressed crab salad, Isle of Wight tomato sauce vierge £25.00 | 251kcal (gf)

Chilli and lime King prawns - 1/2 dozen £19.00 | 415kcal - dozen £34.00 | 576kcal (gf)

Marinated Octopus & Padron Pepper Skewers
£14.00 450kcal

Cold Seafood Platter- Devon dressed crab, king prawns, 1/2 dozen oysters, whole Devon Lobster, roll mops, chunky chips - £90 (two to share) (gf)

add sourdough - £1.50

SALADS

PLEASE NOTE THIS MAY BE SERVED SEPARATELY FROM EVERYTHING ELSE

ALL SERVED WITH JERSEY ROYALS, BEETROOT & SAMPHIRE SALAD & ISLE OF WIGHT TOMATO SAUCE VIERGE

Hot Smoked Mackerel £16.50 | 415kcal (gf)

Pork cheek £23.00 | 481kcal (gf)

Soft Shell Crab £18.00 | 381kcal (gf)



DEEP FRIED

ALL SERVED WITH CHUNKY CHIPS, CRUSHED PEAS AND TARTAR

Cyder battered haddock - £18.00 | 1015kcal (gf)

Cyder Battered Brill £21.50 | 906kcal (gf)

Cyder Battered 'Market Fish' £23.50 | 906kcal (gf)

Monkfish Scampi - £18.50 | 906kcal (gf)

add Curry Sauce - £2.00



BURGERS

ALL SERVED WITH SEAWEED SALT CHUNKY CHIPS

Beef burger with cheese, little gem, tomato, loads of house mayonnaise and pickles
£16.50 | 1636kcal (plant based burger available)

Land & Sea' burger with cheese, little gem, tomato, loads of watercress mayonnaise, pickles and topped with a soft shell crab £24.50 | 1751kcal

'Market Fish' burger with Cornish cheddar, little gem and plenty of house mayonnaise £18.50 | 1464kcal

Soft shell crab burger with little gem and house mayonnaise £21.00 | 1439kcal

add bacon £1.50 - add onion rings - £1.50
add octopus ragu - £7.00 - add soft shell crab - £5.50
add Salt Shack slaw - £1.50

SIDES

Truffle & parmesan chips £5.25 | 722kcal (M) (gf)

Octopus ragu fully loaded chips £8.00 | 700kcal (gf)

Curry sauce £2.00 | 30kcal (v)

Wild garden salad £4.50 | 119kcal

Marinated Isle of Wight tomatoes £4.50 | 214kcal

Seaweed vegetable kimchi £4.50 | 154kcal (M) (gf)

Before you order your food & drinks, please inform a member of staff if you have a food allergy or intolerance. Please note, we cannot guarantee cross contamination will not occur due to our small kitchen. Tables of 4 or more are subject to a discretionary service charge of 12.5%. An adult's daily recommended allowance is 2000 kcal. Fish may contain small bones, game may contain shot. All weights & measures are accurate before being cooked. (v) vegetarian, (vg) vegan, (gf) gluten free

DRAUGHT

0%

Asahi 1/2 £3.70 £7.35
Neck Oil 1/2 £3.55 £ 7.10
Aspalls 1/2 £ 3.30 £ 6.55

Peroni 0% £4.80
Guinness 0% £5.90
Rekorderling Strawberry & Lime 0% £6.70



Check out our summer spritz menus for more

SPARKLING

Tinwood Blanc de Blancs
West Sussex
S £13.10 B £65.50

Tempio Prosecco DOC | Italy | S £6.95 B £34.75

Casa Canevel Prosecco Rose | S £7.30 B £38.00

Veuve Clicquot Brut Yellow Label Champagne |
France | B £91.00

Mezza di Mezzacorona | Italy | MG £74.50

NOOH Rose La Coste 0.0% | S £8.45 B £44.00

Steinbock Alcohol-Free Sparkling | Germany
B £33.00



WHITE

Morandé Colección Privada Sauvignon Blanc
Chile | Pineapple-Grapefruit-Grass | M £7.30 L
£9.90 B £29.25

Esprit Marin Picpoul De Pinet
France | Orange Blossom-Lemon-Green
Apple |
M £8.15 L £11.10 B £32.75

Vialetto Pinot Grigio DOC
Italy | Lime-Apple-Slate | M £7.10 L £9.65 B
£28.00

Featherdrop Bay Sauvignon Blanc
New Zealand | Green Pepper-Gooseberry-
Passion Fruit M £8.55 L £11.60 B £34.25

Chablis Domaine Brocard
France | Pear-Toast-Honeysuckle | M £10.80 L
£15.00 B £44.25 MG £88.50

Sonrio Cuando Llueve 'I smile when it rains'
Albarino | Spain | Nectarine-Pear-Lime
M £9.45 L £12.90 B £38.00

Pouilly-Fuissé En Buland Vieilles Vignes
France | White Blossom-Toast-Apricot | B
£80.00

ROSÉ

Chateau d'Esclans Rock Angel Côtes de
Provence Rosé France | Grapefruit-
Raspberry-Peach | B £54.50

M de Minuty Côtes de Provence
France | Redcurrant-Peach-Summer Fruits
M £9.35 L £12.70 B £37.50 MG £75.00

Whispering Angel Côtes de Provence
France | Lime-Strawberry-Rosemary
M £11.10 L £15.40 B £45.50 MG £91.00

Cuvée Florette Côtes de Provence
France | Strawberry-Raspberry-Guava
M £7.70 L £10.50 B £31.00

Lady A Chateau La Coste Provence
France | Pink Grapefruit-Raspberry-Floral
M £9.65 L £13.40 B £39.50

RED

Roccalanna Montepulciano d'Abruzzo Italy |
Earthy-Cherry-Juicy | M £6.70 L £9.10 B £26.50

Jealousy Pinot Noir
France | Jammy-Spicy-Blackberry
M £7.85 L £10.70 B £31.50

Morandé Colección Privada Merlot
Chile | Soft-Vanilla-Raspberry | M £7.25 L £9.80
B £28.50

Bodega Norton Finca La Colonia Colección
Malbec
Argentina | Jammy-Complex-Spicy M £9.10 L
£12.35 B £36.50 MG £71.00

